

SOCS Symposium Summary – February 15, 2018

The Skin of Color Society (SOCS) hosted its 14th Annual Scientific Symposium on Thursday, February 15, 2018, at the

Marriott Marquis San Diego Marina in San Diego, CA. The day began with the General Business

Meeting and the President's Report by Dr. Seemal R. Desai and was followed by a full program of speakers.

COMMITTEE REPORTS

SOCS committees reported on their activity over the past year. Exciting new initiatives were discussed, some of which included: growth of our membership numbers, continued activity of the mentorship program, a record



(Drs. Alexis & Desai)

number of (35) abstracts submitted, an increase in sponsorship support, and continued efforts by our technology committee to ensure search engine optimization of our website to increase traffic from the public.

BOD UPDATE

Outgoing BOD members Drs. Brauner, Rao and Wooler-Lloyd were thanked for their service and the new slate of officers was presented and accepted. Drs. Burgess, Perez and Harvey were elected to the BOD with a term expiring in 2021.

SCIENTIFIC SYMPOSIUM



The Scientific Symposium was cochaired and moderated by Drs. Alexis and McMichael and oral presentations were judged by: Roopal Kundu, MD, Susan C. Taylor, MD and Lynn McKinley-Grant, MD.



(Dr. Alexis)



(Dr. McMichael)

MENTORSHIP PROGRAM

At the conclusion of their 1-year mentorship, the following 2017 Mentee/Mentor relationships were recognized:

| Mentee | Mentor | | |
|--------------------------|--------------------------|--|--|
| Andrea Tovar Garza, MD | Amy McMichael, MD | | |
| Chinelo Ikpeama, MD, MBA | Cheryl Burgess, MD, FAAD | | |
| Anagha Kumar, MBBS, DDVL | Babar Rao, MD | | |
| Fiona Namutebi, MMED | Ife Rodney, MD | | |
| Nicole Negbenebor, MD | Ginette A. Okoye, MD | | |
| Indrashis Podder, MD | Rashmi Sarkar, MD | | |



Drs. Coley, Rao, Kumar, and Rodrigues

ORIGINAL RESEARCH

The official program of the SOCS included presentations by six Medical Students / Residents / Research Fellows who presented information about their original research. They included:

- 1. Nahla Shihab, MD Universitas Indonesia, "Randomized, placebo-controlled, double-blind study of oral tranexamic acid and topical hydroquinone vs topical hydroquinone alone in the treatment of melasma"
- 2. Yssra S. Soliman, BA Albert Einstein College of Medicine, "Disparities in Hidradenitis Suppurativa: Experience of a Dedicated Tertiary Referral Center"
- 3. Yemisi Dina, BS Meharry Medical College, "Increased Prevalence of Fibro-proliferative Disorders in Patients with Central Centrifugal Cicatricial Alopecia"
- 4. Divya Seth Harvard T.H. Chan School of Public Health, "Interdisciplinary Needs Assessment for Dermatology and Wound Care Capacity Building in Eldoret"
- 5. Eseosa Asemota, MD, MPH Tufts Medical Center, "Pruritic papular eruption in HIV patients with higher Fitzpatrick skin types"
- 6. Andrea Tovar Garza, MD University of Texas Southwestern Medical Center, "Non-cultured epidermal suspension grafting using suction blisters as donor tissue for vitiligo and leukoderma"

INVITED SPEAKERS

There were 5 excellent expert talks given during the SOCS Annual Scientific Symposium by invited speakers as well. The invited speakers included:

- 1. Amit G. Pandya, MD University of Texas Southwestern Medical Center, "Pigmentary disorder breakthroughs"
- 2. Valerie D. Callender, MD Callender Dermatology & Cosmetic Center, "Update on Hair Loss in Women of Color"
- 3. **Hema Sundaram, MD** Dermatology, Cosmetic & Laser Surgery, "Emerging Strategies for Planning and Implementation of Aesthetic Treatments in Skin of Color"
- 4. **Steven L. Pruitt** Managing Partner, Watts Partners, "Raising the public policy profile and discussion on the treatment of skin scarring and keloids in patients with skin of color"
- 5. **Jonathan Silverberg, MD** Northwestern University, "An update on atopic dermatitis including comorbidities and treatment breakthroughs"

POSTERS

In addition to the oral presentations, 24 Medical Students / Residents / Research Fellows displayed posters at the Symposium:

- 1. Oyindamola Nicole Akinseye, University of Texas Southwestern Medical Center, "The effect of melasma on self-esteem: a pilot study"
- 2. Anagha Bangalore Kumar, MBBS Mayo Clinic, "Melanoma has become a worldwide health concern due to the poor prognosis of advanced disease, with one person dying every hour and 9,480 deaths estimated for 2013 in the USA"
- 3. Taylor L. Braunberger, MD Henry Ford Hospital, "Hemoglobin as an Indicator of Disease Activity in Hidradenitis Suppurativa"

POSTERS CONTINUED

- 4. Maggie Chow, MD, PhD University of Southern California, "Clinical and histopathologic characteristics of basal cell carcinoma in skin of color"
- 5. Nkanyezi Ferguson, MD University of Iowa Hospital and Clinics, "Isotretinoin induced facial dyspigmentation in Black patients: A not so uncommon side effect"
- 6. Attiya Haroon, MD, PhD Rutgers University, "Minimal erythema dose in patients with skin of color- Do we need to reassess our parameters?"
- 7. Shauna Higgins, MD University of Southern California, "Ethnic Differences in Tanning Attitudes and Problem Tanning in Adolescents"
- 8. Ajay Kailas, BS University of South Florida, "The Incidence of Diabetes Mellitus Type II, Hypertension, and Hyperlipidemia in Patients with Biopsy-Proven Central Centrifugal Cicatricial Alopecia: A Retrospective Chart Review"
- 9. Costner McKenzie, BA Northwestern University, "Examining the Association Between Adherence to Masculine norms and Skin Care Knowledge, Attitudes, and Behaviors in Adult Men"
- 10. Monica Paresh Mehta, BA, Northwestern University, "Acne vulgaris affects a variety of populations with significant psychosocial burden, but not all races experience the disease similarly"
- 11. Amanda F. Nahhas, DO Henry Ford Hospital, "Treatment of post-inflammatory hyperpigmentation with a topical botanical anti-oxidant/anti-inflammatory agent"
- 12. Nicole A. Negbenebor, BS The Warren Alpert Medical School at Brown University, "Health Disparities in Dermatology: When Affordability Precludes Adherence"
- 13. Susruthi Rajanala, BA. Boston University "Willingness to Pay in Patients with Hyperpigmentation"
- 14. Alexandra K. Rzepecki, BS Albert Einstein College of Medicine, "Comparison of Clinical and Histopathological Parameters of First-time Basal Cell Carcinomas Between Hispanic and Non-Hispanic White Populations"
- 15. Sahil Sekhon, MD Unviersity of California San Francisco, "Resolution lentigines: after treatment with Secukinumab"
- 16. Yssra S. Soliman, BA Albert Einstein College of Medicine, "Papulovesicular eruption in a young, African American male"
- 17. Laura N. Uwakwe, MD Wake Forest School of Medicine, "Association Between End Stage Renal Disease and Central Scalp Hair Loss"
- 18. Jeong Min Yu, BA Northwestern University Feinberg School of Medicine, "Assessment of Dermatologists at Skin of Color Clinics"
- 19. Behrooz Kasraee, MD Scientis Pharma, "Cysteamine as a new treatment for skin hyperpigmentary disorders"
- 20. Jonathan Gabriel Bonchak, MD Emory University, "Chemical Peeling for Pigmentary Disorders in Skin of Color"
- 21. Judy Cheng, MD Boston University Medical Center, "Effect of Stimuli on Sun Protective Habits: A Randomized Double-Blind Controlled Study"
- 22. Tim Fontolliet, PhD Scientis Pharma, "Cysteamine as a new treatment for skin hyperpigmentary disorders"
- 23. Josiane Marques Popoff, MD Bellacor, "Black Skin: Cosmetic and Aesthetic Challenges"
- 24. Sidharth Sonthalia MD, DNB, MNAMS, FISD SKINNOCENSE, "Cutaneous lesions often serve as surrogate markers of specific systemic disorders, e.g. acanthosis nigricans (AN) is suggestive of metabolic syndrome (MS)"

AWARDS RECEPTION

After the Scientific Symposium, there was a Skin of Color Awards Reception, sponsored by



Ortho Dermatologics where the Skin of Color Research Grant Award was presented to **Shawn Kwatra, MD**, Johns Hopkins School of Medicine. His research will examine "Molecular Basis of Itch in African Americans".



Winners of the Resident/Research Fellow presentations were also noted:

- 1st Place: Nahla Shihab, MD Universitas Indonesia
- 2nd Place: Yemisi Dina, BS Meharry Medical College
- 3rd Place: Divya Seth Harvard T.H. Chan School of Public Health







(Dr. Desai and Ms. Dina)



(Dr. Desai and Ms. Seth)

SOCS President, Dr. Seemal R. Desai thanked all attendees and encouraged continual involvement in the specialty to increase the visibility of the Skin of Color Society and our cause.

SOCS WISHES TO THANK OUR CORPORATE SPONSORS!



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Reception